



NEW LIFE IN CHRIST, PT 2

Eph 4:25-32

EPHESIANS 4:20–24



ESV

20 But that is not the way you learned Christ!— 21 assuming that you have heard about him and were taught in him, as the truth is in Jesus, 22 to put off your old self, which belongs to your former manner of life and is corrupt through deceitful desires, 23 and to be renewed in the spirit of your minds, 24 and to put on the new self, created after the likeness of God in true righteousness and holiness.

EPHESIANS 4:25–32



ESV

25 Therefore, having put away falsehood, let each one of you speak the truth with his neighbor, for we are members one of another. 26 Be angry and do not sin; do not let the sun go down on your anger, 27 and give no opportunity to the devil. 28 Let the thief no longer steal, but rather let him labor, doing honest work with his own hands, so that he may have something to share with anyone in need.

EPHESIANS 4:25–32



ESV

29 Let no corrupting talk come out of your mouths, but only such as is good for building up, as fits the occasion, that it may give grace to those who hear. 30 And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption. 31 Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice. 32 Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you.



- Put away falsehood — Speak the Truth (Eph 4:25)
- Sinning in Our Anger — Be angry and do not sin (Eph 4:26-27)
- No longer steal — let him labor (Eph 4:28)
- No corrupting talk — speech that builds up (Eph 4:29)

EPHESIANS 4:25



ESV

25 Therefore, having put away falsehood, let each one of you speak the truth with his neighbor, for we are members one of another.

EPHESIANS 4:26–27



ESV

26 Be angry and do not sin; do not let the sun go down on your anger, 27 and give no opportunity to the devil.

EPHESIANS 4:26



NLT

26 And "don't sin by letting anger control you."
Don't let the sun go down while you are still
angry,

EPHESIANS 4:28



ESV

28 Let the thief no longer steal, but rather let him labor, doing honest work with his own hands, so that he may have something to share with anyone in need.

EPHESIANS 4:29



ESV

29 Let no corrupting talk come out of your mouths, but only such as is good for building up, as fits the occasion, that it may give grace to those who hear.



"In every encounter we either give life or we drain it. There is no neutral exchange. We enhance human dignity, or we diminish it."

-Brennan Manning

EPHESIANS 4:31–32



ESV

31 Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice. 32 Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you.

EPHESIANS 4:30



ESV

30 And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption.