

EXPERIENCING CONTENTMENT

Phil 4:10-20



3 Key Areas that Impact Our Contentment

POSSESSIONS: Am I content with what I have?

CIRCUMSTANCES: Am I content with my current life situation?

TIME: Am I focused on the future? The past?
Or the present?



PHILIPPIANS 4:10–20

10 I rejoiced in the Lord greatly that now at length you have revived your concern for me. You were indeed concerned for me, but you had no opportunity. 11 Not that I am speaking of being in need, for I have learned in whatever situation I am to be content. 12 I know how to be brought low, and I know how to abound. In any and every circumstance, I have learned the secret of facing plenty and hunger, abundance and need.



PHILIPPIANS 4:10–20

13 I can do all things through him who strengthens me. 14 Yet it was kind of you to share my trouble. 15 And you Philippians yourselves know that in the beginning of the gospel, when I left Macedonia, no church entered into partnership with me in giving and receiving, except you only. 16 Even in Thessalonica you sent me help for my needs once and again.



PHILIPPIANS 4:10–20

17 Not that I seek the gift, but I seek the fruit that increases to your credit. 18 I have received full payment, and more. I am well supplied, having received from Epaphroditus the gifts you sent, a fragrant offering, a sacrifice acceptable and pleasing to God. 19 And my God will supply every need of yours according to his riches in glory in Christ Jesus. 20 To our God and Father be glory forever and ever. Amen.



PHILIPPIANS 4:11

11 Not that I am speaking of being in need, for I have learned in whatever situation I am to be content.



PHILIPPIANS 4:12

12 I know how to be brought low, and I know how to abound. In any and every circumstance, I have learned the secret of facing plenty and hunger, abundance and need.



PHILIPPIANS 4:13

13 I can do all things
through him who
strengthens me.



PHILIPPIANS 4:19

19 And my God will supply every need of yours according to his riches in glory in Christ Jesus.



Practical Steps

AVOID COMPARISONS

“Comparison is the thief of joy/contentment”

PRACTICE GRATITUDE

FOCUS ON CHRIST

- Where is Jesus working? How is He meeting my need?
- What can I learn from this?

