

God is...

Our Help

# God is Our Help

Psalm 54:4 Behold, **God is my helper**; the Lord is the upholder of my life.

Psalm 33:20 Our soul waits for the LORD; **he is our help** and our shield.

Psalm 124:8 **Our help is in the name of the LORD**, who made heaven and earth.

# Psalm 121

A SONG OF ASCENTS.

<sup>1</sup> I lift up my eyes to the hills. **From where does my help come?** <sup>2</sup> **My help comes from the LORD**, who made heaven and earth. <sup>3</sup> He will not let your foot be moved; he who keeps you will not slumber. <sup>4</sup> Behold, he who keeps Israel will neither slumber nor sleep.

# Psalm 121

<sup>5</sup> The LORD is your keeper; the LORD is your shade on your right hand. <sup>6</sup> The sun shall not strike you by day, nor the moon by night. <sup>7</sup> The LORD will keep you from all evil; he will keep your life. <sup>8</sup> The LORD will keep your going out and your coming in from this time forth and forevermore.

# God is Our Help

## **THE QUESTION:**

**<sup>1</sup> I lift up my eyes to the hills. From where does my help come?**

## **THE RESPONSE:**

**<sup>2</sup> My help comes from the Lord, who made heaven and earth.**

**The Psalmist makes a CHOICE**

It is characteristic of human nature to turn to God only after every other avenue of help has been explored and been found useless. This is one of the many evils which sin has visited upon us — the bent to look everywhere for aid but in the right place, and if we do look in the right place, to look there last....

A. W. TOZER

# Seasons of Challenge and Blessing

Psalm 13 <sup>1</sup> How long, O Lord? Will you forget me forever? How long will you hide your face from me? <sup>2</sup> How long must I take counsel in my soul and have sorrow in my heart all the day? How long shall my enemy be exalted over me?

<sup>5</sup> **But I have trusted** in your steadfast love; my heart shall rejoice in your salvation. <sup>6</sup> I will sing to the Lord, because he has dealt bountifully with me.

# Seasons of Challenge and Blessing

Psalm 23:4 Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me.

Psalm 23:6 Surely goodness and mercy shall follow me all the days of my life, and I shall dwell in the house of the Lord forever.