# God is...

Our Refuge

### Our View of God

- Our view of God shapes what we believe and how we live our lives.
- God Reveals His character and nature in His Word.
- Psalm 46: a correct view of God allows us to move beyond fear.
- While God can remove us from the trials/storms, He often is a refuge, strength or help in the midst of the trials/storms.

### God is Our Refuge

Psalm 46:1 **God is our refuge** and strength, a very present help in trouble.

Psalm 59:16 But I will sing of your strength; I will sing aloud of your steadfast love in the morning. For you have been to me **a fortress** and **a refuge** in the day of my distress.

### God is Our Refuge

Refuge: shelter or protection from danger. Someone or something we can turn to for assistance and security.

#### **Similar Images:**

A Fortress (Psa 46:7), A Rock (2 Sam 22:2-3, Psa 31:2),

A Shade (Psa 91:1), Sheltering Wings (Psa 57:1; Psa 36:7)

A Shield (Gen 15:1; Psa 3:3)

## Taking Refuge in God

Psalm 7:1 O LORD my God, in you do I take refuge; save me from all my pursuers and deliver me,

Psalm 18:2 The LORD is my rock and my fortress and my deliverer, my God, my rock, in whom I take refuge, my shield, and the horn of my salvation, my stronghold.

2 Samuel 22:3 my God, my rock, in whom I take refuge, my shield, and the horn of my salvation, my stronghold and my refuge, my savior; you save me from violence.

### Taking Refuge in other things...

Psalm 52:7–8 <sup>7</sup> "See the man who would not make God his refuge, but trusted in the abundance of his riches and sought refuge in his own destruction!" <sup>8</sup> But I am like a green olive tree in the house of God. I trust in the steadfast love of God forever and ever.

Psalm 20:7 Some trust in chariots and some in horses, but we trust in the name of the LORD our God.

### What Do We Take Refuge in?

What do you rely on when life gets difficult? diversions & addictions

What things do you put your hope in? What do you think will make life better?

politics, promotions and possessions

## Taking Refuge in God

Psalm 7:1 O LORD my God, in you do I take refuge; save me from all my pursuers and deliver me,

Psalm 18:2 The LORD is my rock and my fortress and my deliverer, my God, my rock, in whom I take refuge, my shield, and the horn of my salvation, my stronghold.